Dementia revisited



TASK 1 - Symptoms Prevention

Task 2 - Normal memory loss or signs of dementia? (Put NM or D next to each)

1. They forget names or appointment.
2. They can’t remember why they came into a room.
3. They forget recently learned information.
4. They can’t remember the right word for an everyday object.
5. They can’t remember how to use a phone or play a game.
6. They use the wrong word to describe something.
7. They forget what day of the week it is.
8. They put clothes that don’t go together.
9. They put on unsuitable clothes.
10. They feel sad or moody
11. They keep losing things
12. They seem less interested in their personal hygiene

Task 3 - Helping a person with dementia

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| **Problem** | **Advice** |
| Bathing and personal hygiene |  |
| Dressing |  |
| Toileting and incontinence |  |
| Cooking |  |
| Eating |  |
| Driving |  |
| Alcohol and cigarettes |  |
| Sleeping |  |
| Theft (by them or from them) |  |
| Wandering |  |